

International Fare

Served with salad and fresh pita bread
*Served with mixed vegetables and rice pilaf

- Shrimp alla Genovese** \$18.95
Sautéed shrimp in a light creamy pesto gorgonzola sauce served over linguine.
- Chicken Creole*** \$15.95
Chicken tenders sautéed in a slightly spicy creamy piquant sauce.
- Salmon Fillet*** \$17.95
Tender cut of delectable salmon fillet topped with crabmeat and crumb stuffing.
- Shrimp Thermidore*** \$20.95
Large shrimp sautéed and served with a white wine, mustard and tarragon sauce.
- Chicken Curry** \$18.95
Chunks of white chicken in a curry sauce. Served over rice pilaf with a side of raisins, coconut flakes and chutney.
- Baked Haddock Casserole** \$16.95
Fillet of haddock baked on a bed of sautéed leeks and potatoes in a rich mustard, apple and smoked Gorgonzola cheese sauce.
- Lobster Ravioli** \$19.95
Large fresh ravioli stuffed with lobster in a delicate sauce of dried plum tomatoes, shallots, lobster, cream and sherry.

Kid's Meals

Under 12 years old only.

- Chicken Fingers and French Fries** \$6.50
- Macaroni and Cheese** \$5.50
- Mozzarella Sticks with Tomato Sauce & French Fries** \$3.95
- Linguine with Pesto Sauce & Sautéed Chicken** \$8.95

Side Orders

- French Fries** \$3.25
- Yogurt** \$1.95
- Rice Pilaf** \$2.50
- Mixed Grilled Vegetables** \$2.95

Desserts

- Baklava** \$3.25
- Rice Pudding** \$3.95
- Tapoca Pudding** \$3.95
- Tiramisu** \$5.95
- Frozen Crunch Mousse** \$6.25
- Chocolate Lover's Cake** \$6.95
- Crème Caramel** \$4.50
- Coconut Key Lime Pie** \$5.95
- Peanut Butter Chocolate Parfait** \$5.95
- Cheesecake** \$4.75

Beverages

Bottled Soft Drinks, Juice, & Water
Sahara offers full bar service & a wide variety of wine

SAHARA

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Café
Restaurant
&
Spirits

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LUNCH
DINNER
PARTY PLATTERS
GIFT CERTIFICATES
TAKE-OUT
CATERING
FUNCTIONS

Lebanese
Middle Eastern
International
Cuisine

SERVING HOURS

Parking in rear on West Street

Monday - Thursday 11:00 a.m. - 10:00 p.m.

Saturday 11:30 a.m. - 11:00 p.m.

Sunday 1:00 p.m. - 8:00 p.m.

BAR/LOUNGE HOURS

Monday - Thursday 11:00 a.m. - 2:00 a.m.

Friday 11:00 a.m. - 2:00 a.m.

Saturday 11:30 a.m. - 2:00 a.m.

Sunday 1:00 p.m. - 2:00 a.m.

143 Highland Street
Worcester, MA 01609

Telephone
(508) 798-2181
Fax
(508) 798-9164

Sandwiches

Sandwiches are rolled up in pita with lettuce & tomato, some also with tahini sauce & pickles and served with toasted garlic pita chips.

Palafel (V)	\$5.95
Tabbouleh (V)	\$5.75
Hummos (V)	\$4.95
Stuffed Grape Leaves (V)	\$5.95
Baba Ghanouj (V)	\$5.95
Kafra Kebab	\$5.95
Beef Kebab	\$6.75
Lamb Kebab	\$6.95
Chicken Kebab	\$6.25
Sahara's Special Chicken Kebab w/ hummos, tabbouleh & hot sauce	\$8.25
Kibbi	\$5.75
Beef Shawarma	\$6.25
Chicken Shawarma	\$6.25
Tuna Salad with lemon zest and dill (Albacore tuna)	\$6.25
Chicken Salad (white meat)	\$5.95
Chicken Curry Salad with raisins (white meat)	\$6.95
Cheese (V) (American or Feta)	\$4.95

Appetizers

served with fresh pita bread

Mezza	\$35.25
<i>The Mezza is the traditional East Mediterranean way of eating out and consists of many dishes which have been selected by our chefs. Great for sampling. Includes mixed pickles, Baba Ghanouj, Hummos, Sambousek, Faldjel, Grape Leaves, Tabbouleh, and Labneh.</i>	
<i>No substitutions please.</i>	

Cold Appetizers

Hummos (V)	\$6.25
<i>Puree of chick peas, tahini, lemon juice & garlic topped with olive oil.</i>	
Baba Ghanouj (V)	\$7.25
<i>Puree of eggplant, tahini, lemon juice & garlic topped with olive oil.</i>	
Tabbouleh (V)	\$6.95
<i>Exotic salad of fresh chopped parsley, tomatoes, onions, cracked wheat, lemon juice, mint, spices, and olive oil.</i>	
Palafel (V)	\$8.95
<i>A blend of ground beans, parsley, onion & mint, spiced and shaped into patties and deep fried in vegetable oil.</i>	
Mixed Pickles (V)	\$4.95
<i>Our homemade accompaniments for the main course.</i>	
Labneh (V)	\$5.25
<i>Our homemade yogurt cheese spread.</i>	
Stuffed Grape Leaves (V)	\$6.25
<i>A blend of rice, minced onions, parsley, mint, tomatoes, and spices rolled in grapevine leaves.</i>	
Raw Kibbi	\$19.95
<i>Blended raw fresh lamb, onions, spices, cracked wheat and seasoning. Served with fresh raw onions and olive oil.</i>	
<i>Please check with your server for availability!</i>	

Hot Appetizers

Hummos blahan	\$7.95
<i>Hummos dip topped with sauteed mixture of ground beef, onions, pine nuts, and seasoned with our own spices.</i>	
Stuffed Cabbage Leaves	\$6.95
<i>A blend of rice, ground beef, mint, garlic, lemon juice and spiced & rolled in cabbage leaves.</i>	
Foul Mudamas (V)	\$7.25
<i>A nourishing dish of fava beans, chick peas, onions, tomatoes, garlic, lemon juice and olive oil topped with fresh chopped parsley.</i>	
Hummos with Foul Mudamas (V)	\$10.95
<i>Hummos dip topped with Foul Mudamas.</i>	
Sambousek	\$6.95
<i>A deep fried savory pastry with stuffing of sauteed ground beef, onion, spices and pine nuts.</i>	
Kibbi Kebab	\$8.95
<i>A mixture of ground beef, minced onion, cracked wheat and spices shaped into an egg and stuffed with a sauteed mixture of ground beef, onion, spices, and pine nuts.</i>	
Kata in Pita	\$7.95
<i>A blend of ground beef, minced onion, minced parsley and our own blend of spices, spread in pita pockets. Baked to perfection.</i>	
Shrimp Sauté	\$8.95
<i>Shrimp delicately sautéed in butter and garlic with lemon juice and wine.</i>	

Soups

Soup du Jour	Cup	Bowl
Lentil and Shatah Soup (V)	\$3.75	\$5.50
Cucumber and Yegurt Soup (cold/seasonal) (V)	\$3.75	\$5.50

Salads

Served with fresh pita bread

Garden Salad (V)	\$6.25
Greek Salad (V)	\$7.95
Tabbouleh with lettuce (V)	\$8.25
Tabbouleh with Feta Cheese (V)	\$9.50
Eggplant Salad (V)	\$8.95
<i>Baked eggplant chopped and mixed with onion, tomato, green pepper, parsley, and topped with olive oil.</i>	
Fatoush (V)	\$7.95
<i>An aromatic green salad seasoned with special Mediterranean spices topped with crisp toasted pita bread and our house dressing.</i>	
Fatoush with Feta Cheese	\$8.95
Fatoush with Grilled Chicken Breast	\$9.95

Entrees

Sahara Specialties

Stuffed Cabbage Leaves Platter	\$14.95
<i>Served with salad and fresh pita bread.</i>	
<i>A blend of rice, ground beef, mint, garlic, lemon juice and spices rolled in cabbage leaves. Served with yogurt, rice pilaf, and mixed vegetables.</i>	
(V) = Vegetarian	

Sanke Harrah

Baked fillet of fish with a special special tahini sauce and garnished with sauteed pine nuts. Served with rice pilaf.

Port Salad (Chicken)	\$17.95
<i>Chicken tenders sauteed in butter with lemon, mushrooms and a hint of garlic. Served on a bed of rice pilaf.</i>	
Port Salad (Lamb)	\$19.95
Port Salad (Shrimp)	\$21.95
Meghrebeeye	\$18.95
<i>A delightful aromatic dish that never fails to please the most finicky guests. Sauteed boneless chicken braised in delicate nummeg flavoured sauce. Served with pasta "pearls."</i>	
Beef Shawarma	\$14.95
<i>Served fillet steak marinated in special blend of Lebanese spices (not hot). Served with choice of rice pilaf or French fries and mixed vegetables and tahini sauce.</i>	
Chicken Shawarma	\$14.95
<i>Thinly sliced chicken breast marinated in special blend of Lebanese spices, served over rice pilaf or French fries with mixed vegetables and tahini sauce.</i>	
Kibi be Seineye	\$14.95
<i>Two thin layers of basic kibbi mixture with a rich layer of flavorful ground beef, onion and pine nut stuffing baked in the oven. Served with yogurt, French fries or rice pilaf and mixed vegetables.</i>	
Sheikh el Mihshi	\$16.95
<i>The "King" of eggplant dishes! A delicious dish of sliced eggplant stuffed with a flavorful mixture of sauteed ground beef, onion, spices and pine nuts baked in a rich tomato sauce. Served on a bed of rice pilaf.</i>	
Sheikh el Mihshi (V)	\$16.95
<i>A delicious blend of garlic, onion, mushrooms & green pepper stuffed into eggplant slices & baked in an aromatic tomato sauce. Served over a bed of rice pilaf.</i>	
Mixed Vegetable Sauté	\$12.95
<i>A blend of marinated onions, bell peppers, mushrooms, zucchini and tomato sauteed with garlic & lemon. Served over a bed of rice pilaf.</i>	
Vegetarian Platter (V)	\$16.95
<i>Choose from your favorite four vegetarian appetizers. Served with rice pilaf and mixed vegetables.</i>	
Charcoal Grill	
<i>All grilled platters are served with your choice of rice pilaf or French fries, mixed vegetables, salad & pita bread.</i>	
Kata Kebab	\$14.95
<i>A blend of ground beef, minced onion, minced parsley and our own blend of spices, grilled to perfection.</i>	
Chicken Kebab	\$14.95
<i>Charbroiled marinated chicken breasts.</i>	
Beef Kebab	\$15.95
<i>Tender cuts of sirloin beef, marinated in our own special house recipe & charbroiled.</i>	
Lamb Kebab	\$18.95
Mixed Kebab	\$18.95
<i>A combination of your choice of two of the above kebabs.</i>	
Grilled Shrimp	\$19.95
<i>Large grilled shrimp basted with Sahara's recipe of lemon and garlic sauce and grilled to perfection.</i>	